

HOW DO I MAKE A REFERRAL TO TOGETHER WE CARE?

To make a referral to Together we Care you need to get in touch with Knowsley's Adult Social Care team to request a social care needs assessment. If you, or the person you are referring, have health and social care needs you can discuss if Together we Care is the right option for you through the assessment process. The social worker will make a referral to us.

To request a social care needs assessment, you can contact Knowsley Adult Social Care in the following ways:

By telephone: **call 0151 443 2600**

By email: **adultsocialcare@knowsley.gov.uk**

HOW DO I FIND OUT MORE ABOUT THE SERVICES?

Visit the Knowsley Council website:

www.knowsley.gov.uk/adult-social-care/specialist-support-adults



TOGETHER WE CARE

KNOWSLEY COUNCIL
SUPPORTING LIVES TO
ACHIEVE AND THRIVE

ADULT RESPITE CARE

ADULT RESPITE SERVICE

The Adult Respite Service provides planned short break and emergency respite to adults with learning disabilities, autism, sensory needs, or physical disabilities.

The service provides accommodation at two community based locations in Kirkby and Huyton. Nine beds are available at the two locations with five suitable for those who require accessible accommodation.

In Huyton there is a four bedroomed bungalow and in Kirkby a two-storey house with one ground floor accessible bedroom and four first floor bedrooms.

The Adult Respite Service – part of Knowsley Council's Together we Care – works with families and service users to ensure that those accessing respite can live as full a life as possible and achieve the best outcomes that include control, choice and independence.

Both services are registered with the Care Quality Commission.



WHO ARE TOGETHER WE CARE?

Together we Care is Knowsley Council's in house support services for people over the age of 18 who have a learning disability, autism or mental health needs, and have been assessed as requiring support under the Care Act 2014.

The services support people who have complex needs and require a high level of care and support. This could be 1:1, or 2:1 staff support.

Together we Care believes that the adults it supports have the right to be treated with dignity and respect and to live fulfilling, safe, healthy and valued lives, with meaningful opportunities for inclusion and relationships within their communities. Together we Care includes Day Services, Supported Living, Respite Service and Shared Lives.

How we support people:

- **Quality of life** – people should be treated with dignity and respect. Care and support should be personalised, enabling the person to achieve their hopes, goals and aspirations.
- **Keeping people safe** – people should be supported to take positive risks whilst ensuring that they are protected from potential harm, remembering that abuse and neglect can take place in a range of different environments and settings.
- **Choice and control** – people should have choice and control over their own health and care services. They should make decisions about every aspect of their life. There is a recognition that individuals, their families and carers are experts in their own lives and are able to make informed decisions about the support they receive.
- Support and interventions should always be provided in the least restrictive manner.