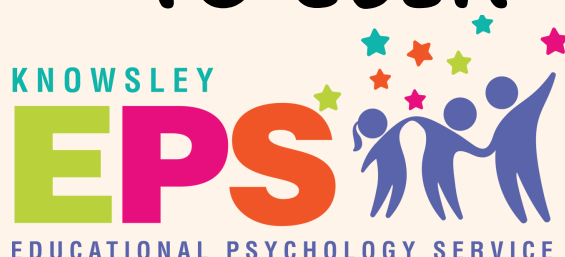


KNOWSLEY EDUCATIONAL PSYCHOLOGY'S RESPONSE TO EBSA



What Is EBSA?

Emotional Barriers to School Attendance (EBSA) is when a child or young person struggles to attend school because of emotional distress.

It is often linked to anxiety, low mood, or other emotional needs that make school feel overwhelming. EBSA is a sign of emotional need, not a behaviour issue, and understanding the causes is essential for providing effective support.



What does EBSA look like?

EBSA can look different for each young person. You might notice:

- Frequent physical complaints (headaches, stomach aches).
- Distress or panic about attending.
- Late arrivals or leaving early.
- Withdrawal or avoidance in school settings.
- Difficulty concentrating or a drop in engagement with schoolwork.

Why this work matters?

There is growing recognition that schools and services need a coordinated approach to understanding and supporting EBSA.

Early identification and intervention can help young people re-engage with education and thrive.

This work aims to:

- Offer practical tools, resources, and training for staff.
- Create consistent support pathways for schools and families.
- Build a shared understanding of EBSA across education, health, and social care.
- Promote collaborative problem-solving to support attendance and wellbeing.

Watch This Space!



We are excited to launch a new piece of work focused on EBSA awareness, training, and support.

In the coming months, we will be:

- Hosting workshops and training for parents and professionals.
- Conducting local research to gather the voices of parents, students, schools, and professionals to create a tailored approach.
- Piloting early support pathways.
- Developing guidance and resources for schools and families.
- Sharing real stories and evidence-informed approaches.

Get Involved

We will soon share updates, resources, and ways to get involved.

If you and your colleagues would like to stay in the loop, or if you would like to be part of this work, please use the QR code to register your interest.

