

Our menus



		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	Main 1	Spaghetti bolognaise served with garlic bread	Scouse served with crusty bread & beetroot	Chicken korma curry, rice served with naan bread	Roast chicken, roast potatoes, Yorkshire pudding, gravy and seasonal vegetables	Harry Ramsden's crispy fish fillet served with beans & chips
	Allergens	Contains: Cereals containing gluten	Contains: Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals containing Gluten, Soya	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Mac and cheese	Vegetable scouse served with crusty bread & beetroot	Vegetable curry & rice served with warm naan bread	Quorn fillet, roast potatoes, gravy and seasonal vegetables	Quorn chicken nuggets served with chips
	Allergens	Contains: Cereals containing Gluten, Milk, Mustard	Contains: Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals containing Gluten, Egg, Soya	Contains: Cereals containing Gluten
WEEK TWO	Main 1	5 spice chicken served with noodles, oyster sauce	Salmon and broccoli pasta bake	Chicken korma curry with rice and naan bread	Roast chicken with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables	Harry Ramsden's crispy fish fillet served with beans & chips
	Allergens	Contains: Cereals containing Gluten, Egg, molluscs May Contain: Nuts, Peanuts	Contains: Fish, Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals Containing Gluten, Milk	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Quorn chicken with noodles, oyster sauce	Quorn sausage, mash and peas	Vegetable curry served with rice and naan bread	Quorn fillet with roast potatoes, gravy and seasonal vegetables	Quorn chicken nuggets served with chips
	Allergens	Contains: Cereals containing Gluten, Egg, molluscs May Contain: Nuts, Peanuts	Contains: Eggs, Milk, Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals containing Gluten, Egg, Soya	Contains: Cereals containing Gluten
WEEK THREE	Main 1	Peri peri chicken, rice and sweetcorn	Cottage pie served with seasonal vegetables	Chicken korma and rice served with naan bread	Roast chicken with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables	Harry Ramsden's crispy fish fillet served with chips and beans
	Allergens	No Allergens	Contains: Milk, Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals Containing Gluten	Contains: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Spanish omelette served with salad	Quorn mince cottage pie served with seasonal vegetables	Vegetable curry served with rice and naan bread	Cauliflower cheese, roast potatoes, gravy and seasonal vegetables.	Cheese filled jacket potato with beans
	Allergens	Contains: Egg, Milk	Contains: Milk, Cereals containing Gluten	Contains: Milk, Cereals containing Gluten	Contains: Cereals containing Gluten, Egg, Soya	Contains: Milk

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available.

November 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Week One Week Two Week Three

To find out more about school meals in Knowsley visit www.knowsley.gov.uk or contact the Knowsley School Meals Service on 0151 443 2647



Light bites

Soup of the day and crusty bread	from £1.10
Pizza selection	from £1.20
Pasta King	from £1.65
Chicken Joes	from £1.65
Selection of salads	from £1.40
Jacket potato with hot or cold fillings	from 90p
Sandwiches, baguettes, paninis and wraps	from £1.40

May contain: milk, mustard, fish, eggs, cereals containing gluten, soya, nuts, wheat, barley, celery, sulphur dioxide and sulphites, rye, oats

Sweet treats

Fresh fruit, muffins, cookies, yoghurts, frozen yoghurts, jelly, mousse, flapjack and other daily specials from 45p

May contain: wheat, rye, oats, barley, soya, cereals containing gluten, milk, eggs, nuts

Drinks

Water, Milk, fruit juice	from 50p
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Allergy advice: Knowsley School Meals Service cannot guarantee that the food we purchase is free from products which may cause allergic reactions. If your child is allergic to any foods, please inform the school.