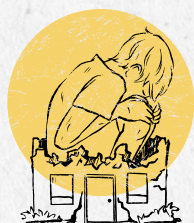


ELSA Training 2025-2026

The Emotional Literacy Support Assistant (ELSA) project was designed to build the capacity of schools to support the emotional needs of their pupils from within their own resources. It recognises that children and young people learn better and are happier in school if their emotional needs are also addressed. ELSA training is for teaching assistants who want to develop and deliver emotional literacy support programmes for pupils who have difficulties understanding, identifying and managing their emotions so that they can develop these skills and subsequently become more emotionally resilient.

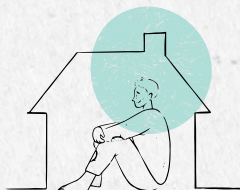
Topic examples



Emotional literacy/ awareness



Managing overwhelming feelings



Loss and bereavement



Friendship and social communication skills



Social and therapeutic stories

Knowsley ELSA training includes:

- 6 days training (starting in September 2025)
- Emotional Wellbeing: An Introductory Handbook by Gillian Shotton and Sheila Burton
- Numerous ELSA resources
- 3 half-termly supervision sessions with an Educational Psychologist from Spring term 2026 through to the Summer term 2026.

All for only:

£820

When and Where?

9:15am-3:15pm

Day 1: 16th September 2025

Day 2: 14th October 2025

Day 3: 11th November 2025

Day 4: 4th December 2025

Day 5: 13th January 2026

Day 6: 10th February 2026

Venue: Knowsley Metropolitan Borough Council, Municipal Buildings, Archway Road, Huyton, L36 9UX

Places are limited. If you would like to express your interest, please complete the following form or contact eps@knowsley.gov.uk directly by 21st June 2025.