



# Two choice menu

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available. 🌱 denotes a healthy choice meal.

## November 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## December 2024

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## January 2025

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## February 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## March 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April 2025

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Week One Week Two Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Week one	<p>Sausage with mash, peas and gravy</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Apple crumble and custard</p> <p>Contains: Milk, Cereals containing Gluten, Fish, Mustard, Eggs, Soya. May contain: Celery, Sulphur Dioxide and Sulphites.</p>	<p>🌱 Scouse with crusty bread and cabbage/beetroot</p> <p>🌱 Leek and potato soup (v)</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) filled roll</p> <p>Butterfly cake</p> <p>Contains: Cereals containing Gluten, Eggs, Milk, Soya, Mustard, Fish. May contain: Sesame Seeds, Sulphur Dioxide and Sulphites, Celery.</p>	<p>Chilli with rice and nachos</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Brownie and ice cream</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya. May contain: Celery.</p>	<p>🌱 Roast chicken with roast potatoes, carrots and gravy</p> <p>Cream of chicken soup</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) panini</p> <p>Cheesecake</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten. May contain: Sesame, Soya, Celery.</p>	<p>Fish fillet with chips and peas</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Fruit sponge and custard</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya.</p>
Week two	<p>🌱 Cottage pie with veg and gravy</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Fruit flapjack</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Sulphur Dioxide/Sulphites.</p>	<p>Hunters chicken with mediterranean cous cous</p> <p>🌱 Tomato and basil soup (v)</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) filled roll</p> <p>Cherry crumble and custard</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya. May contain: Sesame, Celery.</p>	<p>🌱 Salmon and brocolli pasta bake</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Lemon sponge</p> <p>Contains: Milk, Eggs, Mustard, Fish, Sulphur Dioxide and Sulphites, Celery. May contain: Sesame.</p>	<p>Roast beef with mash, veg, Yorkshire pudding and gravy</p> <p>🌱 Minestrone soup (v)</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) panini</p> <p>Jelly and fruit</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten. May contain: Celery, Sesame.</p>	<p>Fish fingers with chips and peas</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Frozen yoghurt</p> <p>Contains: Milk, Eggs, Mustard, Fish, Celery, Cereals containing Gluten. May contain: Soya, Sulphur Dioxide and Sulphites.</p>
Week three	<p>Mince and onion pie with mash, gravy and peas</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Cookie</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya, Celery.</p>	<p>Scrambled egg with hash brown, beans, mushrooms and bacon OR sausage</p> <p>Cream of chicken soup</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) filled roll</p> <p>Sponge pudding and custard</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Sulphur Dioxide and Sulphites. May contain: Lupin, Celery.</p>	<p>Chicken curry with rice and naan bread</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Ice cream and fruit</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Celery.</p>	<p>🌱 Roast gammon with roast potatoes, veg and gravy</p> <p>🌱 Leek and potato soup (v)</p> <p>🌱 Tuna / cheese (v) / ham / egg (v) panini</p> <p>Apple pie and custard</p> <p>Contains: Milk, Eggs, Mustard, Fish, Soya, Cereals containing Gluten, Soya, Sulphur Dioxide &amp; Sulphites. May contain: Celery.</p>	<p>🌱 Fish stars with wedges and peas</p> <p>🌱 Cheese (v) / tuna / beans (v) jacket potato</p> <p>Trifle</p> <p>Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Celery, Soya.</p>

Available daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice.

