



Knowsley Council



Knowsley

Knowsley 2011

**Joint Strategic
Needs Assessment
(JSNA)**

Health and Wellbeing in Knowsley

Knowsley JSNA

The JSNA for Knowsley has been updated and describes in detail 34 different health and wellbeing needs with recommendations for how they could be addressed. Local organisations and the public have prioritised these 34 needs and agreed that the top ten issues for Knowsley are:

- Alcohol
 - Cancer
 - Cardiovascular Disease
 - Child Poverty
 - Children with Disabilities
 - Dementia
 - Educational Attainment & Attendance
 - Emotional Wellbeing of Children
 - Employment / Unemployment
 - Smoking
- (Listed in alphabetical order)

The Joint Strategic Needs Assessment describes the current and future health, care and wellbeing needs of local communities

What is a JSNA?

JSNA is the means by which Primary Care Trusts and Local Authorities describe the future health, care and wellbeing needs of local communities. The JSNA is currently the joint responsibility of the Director of Public Health, Director of Health and Social Care and Director of Children and Family Services. In the future it will become the responsibility of the Knowsley Health and Wellbeing Board.

Local people helped to decide the top ten priorities

Development of the JSNA

Since July 2010, Knowsley has been updating the JSNA to ensure that informed decisions can be made based on up to date evidence and intelligence.

A partnership working group reviewed local and national statistics to understand the big issues that affect health and wellbeing in Knowsley. This was then combined with insight from the public, NHS and Council staff, local strategic partners and wider stakeholders.

Some 34 health and wellbeing needs were identified and included in the new updated JSNA. A technical framework was completed for each need which includes:

- Description of the area of need
- What appears to be in place to address the need
- What else could be in place to address the need (using available evidence)
- Gaps in data and information
- Key recommendations.

Although all 34 were identified as high level needs, the top 10 were prioritised with further input from professionals and local people. Prioritisation took place via a series of JSNA prioritisation events and an online survey. Over 250 people took part in this process.

The top 10 priority needs

Since the last JSNA (2008), big improvements in health have been made by improving access to services, strengthening community involvement and focusing on priority areas. However, major challenges still exist in the following ten areas:

Alcohol

- Alcohol related harm has increased in Knowsley by two-thirds since 2002-03.
- Knowsley has a higher hospital admissions rate than both the North West and England (more than 4,200 alcohol related admissions per year).
- Alcohol misuse negatively impacts on health and wellbeing in terms of heart disease, cancers, cirrhosis of the liver, mental wellbeing, behavioural problems, teenage pregnancy, domestic abuse, crime and anti-social behaviour.

Big improvements in health and wellbeing have been made but there is more that needs to be done

Cancer

- Cancer deaths have reduced by a fifth but cancer is still the second biggest killer in Knowsley.
- Knowsley has a higher level of cancer deaths than both the North West and England (around 435 deaths per year).
- Screening uptake rates for cervical and bowel cancer have improved but are still low, particularly compared to the North West.

Cardiovascular Disease (CVD)

- Heart disease and stroke are the biggest killers in Knowsley although CVD deaths have reduced by around 40%.

- More than three quarters of CVD cases are preventable (around 300 lives lost per year).
- 16,500 people have either CVD or a related condition. This is expected to increase by another 1,500 within 10 years.

Child Poverty

- Almost two thirds of Knowsley's children and young people live in poverty.
- There is a direct link between poverty and low breastfeeding rates, immunisation uptake, obesity, child tooth decay, resistance to respiratory infection and the likelihood of mental health disorders.
- Children living in poverty are more likely to lack the skills / qualifications they need to access higher paid jobs. It is also likely that their children will live in poverty.

Children with Disabilities

- There are around 2,000 children with disabilities in Knowsley.
- Children with disabilities may struggle to

take part in leisure, sport, the arts and healthy lifestyle activities. Equal access to transport, housing, education and employment is restricted.

- They are also at increased risk of poor health (including obesity), poverty and isolation.
- Their carers and families can be placed under extra stress and pressure. Difficulties in accessing appropriate, timely support can make this worse.

Heart disease and strokes are still the biggest killers in the borough despite the big improvements that have been made

Dementia

- The number of people in Knowsley with dementia is increasing. Currently there are 1,824 people affected, which is predicted to grow to 1,958 by 2015.
- Dementia is one of the main causes of disability in later life. This can have a major impact on an individual's capacity for independent living.
- It is also linked with alcohol misuse. This has implications for the future given the high levels of alcohol consumption in Knowsley.

Educational Attainment & Attendance

- Educational attainment has improved significantly but is still lower than the England average.
- Underachievement is a major contributing factor in the depth and concentration of deprivation, poverty, reduced aspirations and low levels of economic activity.
- There is a need to improve outcomes for vulnerable groups and those with additional needs - targeting children with disabilities and children at risk.

Emotional Wellbeing of Children

- Almost 4,000 children in Knowsley aged 0-19 have a diagnosed emotional health issue, such as anxiety / depression.
- Rates are higher among those with a disability, autism, epilepsy, those from more deprived communities, children looked after by the local authority, those from lone parent households and young offenders.
- Many children, particularly those living in lone parent families, often lack enough money to access leisure activities which are known to be highly important to a good or content childhood.
- Children suffering from emotional disorders are also more likely to have lower educational attainment, live in poverty, self-harm and be a perpetrator and/or victim of crime.

Employment / Unemployment

- More than 1 in 5 residents of working age are not in employment (around 21,500) despite the reducing gap between Knowsley and England.
- Unemployment is linked to negative physical and mental health and wellbeing, particularly depression.
- Increasing employment at a time of reducing support services and potential job losses in the public sector (Knowsley's main employer) is challenging.
- Improving work skills and educational attainment will help to increase employment opportunities.

Employment is a priority for Knowsley and will help lift children and families out of poverty

Smoking

- Almost a quarter of Knowsley adults smoke (around 27,000). 11% of girls and 8% of boys aged 11 - 15 also smoke.
- There is a clear link with deprivation, social class and employment status.
- Smoking is also linked with lung cancer, heart disease, stroke, respiratory disease and reduced life expectancy.
- Quit rates in Knowsley are the highest nationally per head of population. However quit rates remain low in the most deprived areas.

Promoting wellbeing is key to improving health and quality of life for everyone



The JSNA is really important for the Health and Wellbeing Board. It identifies the priority health and wellbeing needs in the Borough which will be used to develop a new Health and Wellbeing Strategy.

Next Steps

The ten priority needs will inform a new Health and Wellbeing Strategy for the Borough. Planned for completion later in 2011, this will set out the vision for how the Council, NHS and partners will work with residents to jointly address the health and wellbeing needs in the Borough, building on its current and future assets.

The Health and Wellbeing Strategy for the Borough will be available on the NHS Knowsley and Council website.

Where can I view the JSNA?

To view all 34 technical frameworks for the 2011 JSNA or for further information, please go to www.knowsley.nhs.uk/jsna or contact Knowsley Public Health on 0151 443 4903.

If you require this document in Braille, large print or other language please call the Patient Advice and Liaison Service (PALS) on **0800 073 0578** or text on **07799 645 151**.