

Programme/Initiative	Contact Details
Big Help Project Foodbank	www.bighelpproject.com
Community Support and Knowsley Volunteer Hub Healthwatch Knowsley / Knowsley Older People's Voice	0800 073 0043 0151 449 3954 www.healthwatchknowsley.co.uk
Healthy Knowsley Service	0800 0731 202 www.healthyknowsley.co.uk
Kind to Your Mind Campaign	www.kindtoyourmind.org
Knowsley Chamber of Commerce	0151 477 1361 www.knowsleychamber.org.uk
Knowsley Clinical Commissioning Group	0151 244 4126 www.knowsleyccg.nhs.uk
Knowsley Stop Smoking Service	Text QUIT to 61825 Call 0151 426 7462 www.smokefreetknowsley.org.uk
Kooth	www.kooth.com
Mental Health Crisis Support Line	0800 051 1508
No More Suicide	www.no-more.co.uk/mens-mental-health
North West Boroughs Healthcare NHS Foundation Trust	From 1 June 2021, Cheshire and Merseyside services will transfer to Mersey Care NHS Foundation Trust. www.mersecare.nhs.uk