



# Key contacts for programmes and initiatives

Programme/initiative	Contact details
• Age UK Mid Mersey	0151 559 3061 <a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a>
• Alzheimer's Society	0300 222 11 22 <a href="http://www.alzheimers.org.uk/">www.alzheimers.org.uk/</a>
• Big Help Project	0151 546 0470 <a href="http://www.big-help.info">www.big-help.info</a>
• Centre for Independent Living	0151 244 4070 <a href="http://www.knowsleycil.org/">www.knowsleycil.org/</a>
• Citizens Advice Knowsley	0344 826 9694 <a href="http://www.citizensadviceknowsley.org.uk">www.citizensadviceknowsley.org.uk</a>
• Healthwatch Knowsley	0151 449 3954 <a href="http://www.healthwatchknowsley.co.uk/">www.healthwatchknowsley.co.uk/</a>
• Healthy Knowsley Service	0800 0731 202 or 0515 289 9555 <a href="http://www.healthyknowsley.co.uk">www.healthyknowsley.co.uk</a>
• Knowsley Carers Centre	0151 549 1412 <a href="http://www.knowsleycarers.co.uk/">www.knowsleycarers.co.uk/</a>
• Knowsley Clinical Commissioning Group	0151 244 4126 <a href="http://www.knowsleyccg.nhs.uk">www.knowsleyccg.nhs.uk</a>
• Knowsley Foodbank (part of Trussell Trust)	0151 546 0470 or 07731 789 794 <a href="http://www.knowsley.foodbank.org.uk">www.knowsley.foodbank.org.uk</a>
• Knowsley Older People's Voice	0151 449 3954 <a href="http://www.kopv.org.uk">www.kopv.org.uk</a>
• Knowsley Pensioners Advocacy Information Service	0151 449 3706 <a href="http://www.kpais.co.uk">www.kpais.co.uk</a>
• Listening Ear	0151 488 6648 <a href="http://www.listening-ear.co.uk">www.listening-ear.co.uk</a>
• Live Well Knowsley Website	0300 77 77 007 <a href="http://www.thelivewelldirectory.com">www.thelivewelldirectory.com</a>

Programme/initiative	Contact details
<ul style="list-style-type: none"> <li>Memory Lane Dementia Support Group</li> </ul>	07858 032 490 <a href="http://www.kdcsmemorylane.co.uk">www.kdcsmemorylane.co.uk</a>
<ul style="list-style-type: none"> <li>Merseyside Fire &amp; Rescue Service</li> </ul>	0151 296 4000 <a href="http://www.merseyfire.gov.uk">www.merseyfire.gov.uk</a>
<ul style="list-style-type: none"> <li>Money Advice Service</li> </ul>	0800 138 7777 <a href="http://www.moneyadvice.org.uk">www.moneyadvice.org.uk</a>
<ul style="list-style-type: none"> <li>Multi-agency Safeguarding Hub (MASH)</li> </ul>	0151 443 2600
<ul style="list-style-type: none"> <li>National Debt Line</li> </ul>	0808 808 4000 <a href="http://www.nationaldebtline.org">www.nationaldebtline.org</a>
<ul style="list-style-type: none"> <li>North West Boroughs Healthcare NHS Foundation Trust</li> </ul>	01925 664 000 <a href="http://www.5boroughspartnership.nhs.uk">www.5boroughspartnership.nhs.uk</a>
<ul style="list-style-type: none"> <li>Pedal Away</li> </ul>	01925 234 213 <a href="http://www.cycling.org.uk/pedal-away">www.cycling.org.uk/pedal-away</a>
<ul style="list-style-type: none"> <li>Problem Gambling</li> </ul>	0151 226 0696 <a href="http://www.beaconcounsellingtrust.co.uk">www.beaconcounsellingtrust.co.uk</a>
<ul style="list-style-type: none"> <li>Smokefree Knowsley Stop Smoking Service</li> </ul>	0800 3 247 111 <a href="http://www.readytostopsmoking.co.uk">www.readytostopsmoking.co.uk</a>
<ul style="list-style-type: none"> <li>Volair</li> </ul>	0151 443 2200 <a href="http://www.volair.org.uk">www.volair.org.uk</a>
<ul style="list-style-type: none"> <li>Wellbeing Enterprises</li> </ul>	01928 589 799 <a href="http://www.wellbeingenterprises.org.uk">www.wellbeingenterprises.org.uk</a>