



Get Qualified

KNOWSLEY'S **COACH / VOLUNTEER** EDUCATION BOOKLET
September 2009 to March 2010



Knowsley's Coach/Volunteer Education Booklet

September 2009 to March 2010

Knowsley Borough Council's Sports Development Team are pleased to launch their first ever coach education programme.

The comprehensive coach education programme will be part of the ongoing development of coaches and volunteers within Knowsley.

As a result of this exciting new programme Knowsley Sports Development is offering community sports coaches, club coaches and volunteers an opportunity to improve their sporting and professional development. All courses will run in quality facilities guided by high quality NGB trained instructors.

New and existing coaches will gain qualifications that will support the development of clubs and talented athletes within Knowsley as well as leading to possible employment and continuous education.

Knowsley's Sport Development Service aims to fully support and develop the local sporting infrastructure ensuring high quality club, coaches and volunteers exist. These key areas are all integral to increasing and more importantly sustaining participation in sport and are acknowledged as the life blood of local sport within Knowsley.

For any further details on Coach Education and Volunteering opportunities In Knowsley please contact Knowsley Sport Development:

0151 443 2208 / 3545

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National Governing Body Courses

F.A Level One



Venue	Dates	Times
Arncliffe Centre - Arncliffe Road, Halewood, L25 9PA	7th to 10th September 2009 12th September 2009 19th & 20th September 2009	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Arncliffe Centre - Arncliffe Road, Halewood, L25 9PA	21st to 24th September 2009 26th September 2009 3rd & 4th October 2009	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Arncliffe Centre - Arncliffe Road, Halewood, L25 9PA	19th to 22nd October 2009 24th October 2009 31st October & 1st November 2009	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Litherland Sports Park - Boundary Road, Litherland L21 7LA	8th, 10th, 15th & 17th September 19th September 26th & 27th September	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
St Peter and Paul Catholic College - Highfield Road Widnes, WA8 7DW	5th to 8th October 10th October 17th & 18th October	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Liverpool Soccer Centre - Walton Hall Park, Walton Hall Avenue, Liverpool, L4 9XP	2nd to 5th November 7th November 14th & 15th November	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Litherland Sports Park - Boundary Road, Litherland L21 7LA	10th, 12th, 17th & 19th November 21st November 28th & 29th November	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
Liverpool Soccer Centre - Walton Hall Park, Walton Hall Avenue, Liverpool, L4 9XP	16th to 19th November 21st November 28th & 29th November	6.30pm to 9.30pm 9am to 5pm 9am to 1pm
St Peter and Paul Catholic College - Highfield Road Widnes, WA8 7DW	30th November to 3rd December 5th December 12th & 13th December	6.30pm to 9.30pm 9am to 5pm 9am to 1pm

Costs

Standard Price	Charter Standard Club Price	F.A Coaches Association
£145	£130	£116

F.A Coaching Disabled Footballers

Venue	Dates	Times
Liverpool Soccer Centre - Walton Hall Park, Walton Hall Avenue, Liverpool, L4 9XP	7th October 2009	9am to 5pm

Costs

Standard Price	Charter Standard Club Price	Coaches Association
£30	£25	£24

Candidates can book by calling Danielle Shields on 0151 523 4488 ext 106 or online using the following link: www.liverpoolfa.com

Badminton Level Two



The 1st4sport UKCC Level 2 Certificate in Coaching Badminton is suitable for those who have already gained some experience of coaching whilst working as an Assistant Coach, following their completion of a Level 1 Award/Qualification. Coaches working towards their Level 2 qualification should be committed to their own development as a coach and should be able to demonstrate this through extended off course study. They should continue to work with a more experienced and qualified coach throughout their course of study.

Venue	Dates	Times
Kirkby Leisure Centre - Cherryfield Drive, Kirkby, L32 8SA	5th, 6th & 19th September 2009 and 31st October 2009	9am to 6pm 9am to 6pm

Cost

£350

To book please contact Badminton England on 01908 268400 or email coaching@badmintonengland.co.uk

Athletics - Coaching Level 2 Core



A two day workshop which uses practical run, jump and throw activities to help coaches further develop the coaching skills acquired on the Level 2 course.

Venue	Dates
Litherland Sports Park - Boundary Road, Litherland, L21 7LA	12th & 13th September 2009

Cost
£140 (including first event module and assessment)

To book please go online to <http://www.englandathletics.org>.
Course Code: NW2C248/02.
For more information please contact Debbie Beresford on 0161 230 8184.

Leadership in Running Fitness Course

A new course accredited by UK Athletics designed for people who would like to lead groups of runners. The course is the cornerstone of England Athletics' Run in England initiative, which aims to get more people up and running for fitness.

Venue	Dates	Times
Kirkby Sports College - Bracknell Avenue, Kirkby, L32 9PP	17th October 2009	9am-5pm

Cost
£90

To book please go online to <http://www.englandathletics.org>.
Course Code: NC0052.
For more information please contact Debbie Beresford on 0161 230 8184.

Rugby League - Level 1



This is the minimum qualification for those who run or wish to run rugby league coaching sessions. The course is suitable for parents, volunteers and those with limited experience of the game and coaching. The course introduces good coaching practice and focuses on the development of the core skills of the game.

Venue	Dates	Times
William Beaumont Community H/S - Warrington Long Lane, Warrington, WA2 8PX	4th & 11th October 2009	9am to 5.30pm

Cost
£130

Rugby League - Level 2

This is the standard qualification for coaches operating within the community game, at 13 a side and open age, or coaches who have worked as level 1 coaches for two years who now wish to progress. The course is suitable for those with some experience of rugby league and the requirements of coaching. The course focuses and develops the principles of coaching outlined in the Level 1 Coaching Certificate.

Venue	Dates	Times
William Beaumont Community H/S - Warrington Long Lane, Warrington, WA2 8PX	19th & 20th September 2009 18th October 2009 & 22nd November 2009	9am to 5.30pm 9am to 5.30pm 9am to 5.30pm
St Peter & Paul's Catholic College - Highfield Road, Widnes, WA8 7DW	17th & 18th October 2009 21st November 2009 & 12th December 2009	9am to 5.30pm 9am to 5.30pm 9am to 5.30pm

Cost
£180

To book please download the application form from www.therfl.co.uk/coaching.
For further details contact Dave Johnson on 07752 667369.

Minimum Operating Standard Courses

Safeguarding and Protecting Children



This course is about Good Practice when dealing with Children and Young People and dealing with difficult situations. This is a must for all volunteers and aspiring coaches.

Venue	Date	Time
Halewood Leisure Centre - Baileys Lane, Halewood, L26 0TY	20th October 2009	6pm to 9pm
Cost		
Knowsley Residents / Knowsley Club	Non - Knowsley Resident	
£10	£25	

To book please contact Tracy Riley on 0151 443 3545

Equity in Your Coaching

This workshop will help you apply and extend your existing skills to meet the needs of all your present and potential participants.



Venue	Date	Times
Halewood Leisure Centre - Baileys Lane, Halewood, L26 0TY	24th November 2009	6pm to 9pm
Cost		
Knowsley Residents / Knowsley Club	Non - Knowsley Resident	
£10	£25	

To book please contact Tracy Riley on 0151 443 3545

Club for All workshop



This workshop identifies the benefits of opening up your club, to include a wider membership base – meaning more coaches, players, officials and increases revenue, improved eligibility for lottery funding, and quality ratings such as Clubmark.

Venue	Date	Times
Halewood Leisure Centre - Baileys Lane, Halewood, L26 0TY	19th January 2010	6pm to 9pm
Cost		
Knowsley Residents / Knowsley Club	Non - Knowsley Resident	
£10	£25	

To book please contact Tracy Riley on 0151 443 3545

Coaching Disabled Performers



Develop your own coaching knowledge and skills to coach disabled players through inclusive and separate coaching sessions. Discover new ways to adapt equipment and identify appropriate safety and medical considerations to meet your player's needs.

Venue	Date
Halewood Leisure Centre - Baileys Lane, Halewood, L26 0TY	To be Confirmed
Cost	
Knowsley Residents / Knowsley Club	Non - Knowsley Resident
£10	£25

To book please contact Tracy Riley on 0151 443 3545

Other Courses in Merseyside

Coaching Children & Young People Theory Workshop

Discover the needs and motivation of young players. Learn how to deliver effective coaching sessions to meet the level of skill, developmental stage and motivation of each young player

Venue	Date	Time
The Brindley Arts Centre - Runcorn	19th October 2009	6.30pm to 9.30pm

Cost	
Halton Resident / Support a Halton Club	Non Halton Resident
£5	£25

To book please contact Julie McFarlane on 0303 333 4300 ext 4155

Coaching Disabled Performers

Develop your own coaching knowledge and skills to coach disabled players through inclusive and separate coaching sessions. Discover new ways to adapt equipment and identify appropriate safety and medical considerations to meet your player's needs.

Venu	Date	Time
Kingsway Leisure Centre - Widnes	19th November 2009	6.30pm to 9.30pm

Cost	
Halton Resident / Support a Halton Club	Non Halton Resident
£5	£25

To book please contact Julie McFarlane on 0303 333 4300 ext 4155

Emergency First Aid for Appointed Persons Course

This course is ideal for clubs / organisations that present minimal health and safety risks, where a nominated person is required to take charge in the event of an illness or accident

Venue	Date	Time
Stobart Stadium - Halton	26th October & 2nd November 2009	6.30pm to 9.30pm

Cost	
Halton Resident / Support a Halton Club	Non Halton Resident
£10	£55

To book please contact Julie McFarlane on 0303 333 4300 ext 4155

Multi Sports Skills Awareness Practical Course

This practical course will look at planning sessions, small sided games and activities and will cover progression and differentiated activities. Suitable for all abilities, please wear appropriate clothing.

Venue	Date	Time
St Peter & Paul's Catholic College - Highfield Road, Widnes, WA8 7DW	5th October 2009	6.00pm to 7.30pm

Cost	
Halton Resident / Support a Halton Club	Non Halton Resident
£5	£25

To book please contact Julie McFarlane on 0303 333 4300 ext 4155

Sports Skills Awareness Theory Course

This theory-based course underpins the sports skills awareness and multi skills awareness practical courses. It will cover fundamental movement and motor skills.

Venue	Date	Time
St Peter & Paul's Catholic College - Highfield Road,Widnes, WA8 7DW	7th December 2009	7.00pm to 8.30pm

Cost	
Halton Resident / Support a Halton Club	Non Halton Resident
£5	£25

To book please contact Julie McFarlane on 0303 333 4300 ext 4155

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